

Action Towards Inclusion



Lizzie's Story

After fleeing an abusive relationship with her young son, Lizzie was unsure of where to go next. She was left with mental health issues, very little money, and had very little hope that things would improve. However, she was able to make contact with Action Towards Inclusion, where she was matched with a keyworker who helped her access counselling and support services.

Now working towards her Level 3 qualification in beauty, Lizzie is well on the way to achieving her dream of opening a skincare clinic. **“My son and I have owe everything to our keyworker. She gave us a chance for a happy future,”** she said.

